

2022

August

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17 Hot Breakfast, Fruit Cup, & Fruit Cup or Applesauce	18 Cereal Bar Kit, Fresh Fruit, & Fruit Juice	19 Hot Breakfast, Fruit Juice, & Pudding	20	21
22 Cereal Kit & Fresh Fruit	23 WG Pastry or Muffin, Yogurt, & Fruit Juice	24 Hot Breakfast, Fruit Cup, & Fruit Cup or Applesauce	25 Cereal Bar Kit, Fresh Fruit, & Fruit Juice	26 Hot Breakfast, Fruit Juice, & Pudding	27	28
29 Cereal Kit & Fresh Fruit	30 WG Pastry or Muffin, Yogurt, & Fruit Juice	31 Hot Breakfast, Fruit Cup, & Fruit Cup or Applesauce	01	02	03	04
05	06	Notes: Milk is included. Choose from Fat Free White Milk, Fat Free Chocolate Milk or Shelf Stable Soy Milk. . Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. FIGS Cafe & Bakery Contact: Melissa Bryant 614-747-0196 PLANT- BASED VEGETARIAN OPTIONS AVAILABLE DAILY				

2022

September

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	01 Cereal Bar Kit, Fresh Fruit, & Fruit Juice	02 Hot Breakfast, Fruit Juice, & Pudding	03	04
05	06 WG Pastry or Muffin, Yogurt, & Fruit Juice	07 Hot Breakfast, Fruit Cup, & Fruit Cup or Applesauce	08 Cereal Bar Kit, Fresh Fruit, & Fruit Juice	09 Hot Breakfast, Fruit Juice, & Pudding	10	11
12 Cereal Kit & Fresh Fruit	13 WG Pastry or Muffin, Yogurt, & Fruit Juice	14 Hot Breakfast, Fruit Cup, & Fruit Cup or Applesauce	15 Cereal Bar Kit, Fresh Fruit, & Fruit Juice	16 Hot Breakfast, Fruit Juice, & Pudding	17	18
19 Cereal Kit & Fresh Fruit	20 WG Pastry or Muffin, Yogurt, & Fruit Juice	21 Hot Breakfast, Fruit Cup, & Fruit Cup or Applesauce	22 Cereal Bar Kit, Fresh Fruit, & Fruit Juice	23 Hot Breakfast, Fruit Juice, & Pudding	24	25
26 Cereal Kit & Fresh Fruit	27 WG Pastry or Muffin, Yogurt, & Fruit Juice	28 Hot Breakfast, Fruit Cup, & Fruit Cup or Applesauce	29 Cereal Bar Kit, Fresh Fruit, & Fruit Juice	30 Hot Breakfast, Fruit Juice, & Pudding	01	02
03	04	Notes: Milk is included. Choose from Fat Free White Milk, Fat Free Chocolate Milk or Shelf Stable Soy Milk. . Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. FIGS Cafe & Bakery Contact: Melissa Bryant 614-747-0196 PLANT- BASED VEGETARIAN OPTIONS AVAILABLE DAILY				