

2022

November

COLUMBUS PREP LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31	01 Pizza Salad Carrots Fruit Cup	02 BBQ Meatball Sub Green Beans Fruit Cup	03 Chicken Burrito Corn Fruit Cup	04 Hot Dog + Baked Beans WG Cookie Fruit Cup	05	06
07 Chix Teriyaki & Rice Broccoli Fruit Cup	08	09 Turkey & Cheese Sandwich Pickles Chips Fruit Cup	10 Chicken Taco Corn Fruit Cup	11 Mac & Cheese + Chix Tenders Broccoli Fresh Fruit	12	13
14 BBQ Chicken Sandwich + Pretzel Stix Sliced Cucumbers	15 Pizza Salad Carrots Fruit Cup	16 Sloppy Joe + Fries Fruit Cup	17 Beef Burrito Corn Fruit Cup	18 Chix Nuggets Fries Sweet Treat Assorted Fruit	19	20
21 Mozzarella Stix+Marianara Sauce Veggie Fruit Cup	22 Thanksgiving Feast	23	24	25	26	27
28 Stir-Fry Bourbon Chix Rice Frsh Fruit	29 Pizza Salad Carrots Fruit Cup	30 Johnny Marzetti Mixed Veggies Fruit Cup	01	02	03	04
05	06	Notes: Milk is included with meal. Choose from Fat Free White, FF Chocolate Milk, Vanilla or Chocolate Soy Milk. Assorted Fruit Cups or Fresh Fruit served with lunch. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. Contact: Melissa Bryant 614.747.0196 PLANT-BASED OPTIONS AVAILABLE				