

2023

March

COLUMBUS PREP BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	01 WG Pastry/Super Doughnut Fruit Juice Applesauce	02 Cereal Bar Yogurt Fruit Juice	03 HOT BREAKFAST Fruit Juice Fresh Fruit	04	05
06 Cereal Graham Crackers Fresh Fruit	07 WG Pastry or Muffin Cheese Sticks Fruit Juice	08 WG Pastry/Super Doughnut Fruit Juice Applesauce	09 Cereal Bar Yogurt Fruit Juice	10 HOT BREAKFAST Fruit Juice Fresh Fruit	11	12
13 Cereal Graham Crackers Fresh Fruit	14 WG Pastry or Muffin Cheese Sticks Fruit Juice	15 WG Pastry/Super Doughnut Fruit Juice Applesauce	16 Cereal Bar Yogurt Fruit Juice	17	18	19
20	21	22	23	24	25	26
27 Cereal Graham Crackers Fresh Fruit	28 WG Pastry or Muffin Cheese Sticks Fruit Juice	29 WG Pastry/Super Doughnut Fruit Juice Applesauce	30 Cereal Bar Yogurt Fruit Juice	31 HOT BREAKFAST Fruit Juice Fresh Fruit	01	02
03	04	Notes: Milk is included with meal. Choose from Fat Free White, FF Chocolate Milk, Vanilla or Chocolate Soy Milk. Assorted Fruit Cups or Fresh Fruit served with breakfast. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. Contact: Melissa Bryant 614.747.0196 PLANT-BASED OPTIONS AVAILABLE				

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