

2023

March

COLUMBUS PREP Plant-Based LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	01 WALKING TACO BEAN Burrito Corn Fruit Cup	02 PB Chix Nuggets Mixed Veggie Assorted Fruit	03 PB Corn Dog Baked Beans Fruit Cup	04	05
06 PB Swedish Meatballs + Mashed Potatoes & Gravy Fresh Fruit	07 Pizza Salad Carrots Fruit Cup	08 WALKING TACO BEAN Burrito Corn Fruit Cup	09 Cheese Calzones Mixed Vegetables Fresh Fruit	10 Roast Beef & Cheese Sandwich Pickles Chips Fruit Cups	11	12
13 Grilled Cheese Raw Veggie Medley Fresh Fruit	14 Pizza Salad Carrots Fruit Cup	15 WALKING TACO BEAN Burrito Corn Fruit Cup	16 PB Hot Dog Baked Beans Applesauce Cup	17	18	19
20	21	22	23	24	25	26
27 Mac & Cheese + PB Chix Fingers & Broccoli Assorted Fruit	28 Pizza Salad Carrots Fruit Cup	29 WALKING TACO PB Burrito Corn Fruit Cup	30 Mozzarella Stix Mixed Veggies Fresh Fruit	31 PB Chix Sandwich Raw Veggie Medley WG Dessert Fruit Cup	01	02
03	04	Notes: Milk is included with meal. Choose from Fat Free White, FF Chocolate Milk, Vanilla or Chocolate Soy Milk. Assorted Fruit Cups or Fresh Fruit served with lunch. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. Contact: Melissa Bryant 614.747.0196 PLANT-BASED OPTIONS AVAILABLE				