

2023

May

COLUMBUS PREP BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	02 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	03 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	04 WG Cereal Bar WG Graham Cracker Cheese Stix Fruit Juice	05 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	06	07
08 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	09 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	10 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	11 WG Cereal Bar WG Graham Cracker Cheese Stix Fruit Juice	12 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	13	14
15 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	16 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	17 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	18 WG Cereal Bar WG Graham Cracker Cheese Stix Fruit Juice	19 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	20	21
22 WG Cereal Bowl WG Graham Cracker Fresh Fruit Fruit Juice	23 WG Pastry or Muffin WG Graham Cracker Fruit Cup Fruit Juice	24 WG Pastry/Super Doughnut WG Graham Cracker Applesauce Fruit Juice	25	26	27	28
29	30	31	01	02	03	04
05	06	Notes: Milk is included with meal. Choose from Fat Free White, FF Chocolate Milk, Vanilla or Chocolate Soy Milk. Assorted Fruit Cups or Fresh Fruit served with breakfast. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. Contact: Melissa Bryant 614.747.0196 PLANT-BASED OPTIONS AVAILABLE				