

# 2023

# May

## COLUMBUS PREP Plant-Based LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 PB Chicken Nuggets Mashed Potatoes + Carrots WG Rolls Orange Slices	02	03 WALKING TACO BEAN Burrito Corn Fruit Cup	04 WG Pizza Slice Mixed Green Salad + Carrots Banana	05 PB Cheeseburger on a WG Bun Baked Beans + Carrots Mixed Fruit Cup	06	07
08 WG Grilled Cheese Green Beans + Carrots Applesauce	09 WG Pizza Slice Mixed Green Salad + Carrots Banana	10 WALKING TACO BEAN Burrito Corn Fruit Cup	11 Turkey & Cheese Sandwich Corn + Carrots Apple Slices	12 Spaghetti & PB Meatballs Broccoli Fruit Cup	13	14
15 PG BBQ Chicken Patties on a WG Bun Veg Baked Beans Applesauce	16 WG Pizza Slice Mixed Green Salad + Carrots Banana	17 WALKING TACO BEAN Burrito Corn Fruit Cup	18 PB Chix Salad Sandwich Raw Veggie Medley WG Dessert Fruit Cup	19 Mac & Cheese + WG Chix Fingers & Broccoli WG Bread Slice Grapes	20	21
22 PB Cheeseburger on a WG Bun Baked Beans + Carrots Mixed Fruit Cup	23 WG Pizza Slice Mixed Green Salad + Carrots Banana	24 WALKING TACO BEAN Burrito Corn Fruit Cup	25	26	27	28
29	30	31	01	02	03	04
05	06	Notes: <b>Milk is included with meal. Choose from Fat Free White, FF Chocolate Milk, Vanilla or Chocolate Soy Milk.</b> <b>Assorted Fruit Cups or Fresh Fruit served with lunch.</b> <b>Menus are subject to change due to availability of foods or unplanned school closings.</b> <b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b> <b>Contact: Melissa Bryant 614.747.0196</b> <b>PLANT-BASED OPTIONS AVAILABLE</b>				